In the Claims:

Please cancel claims 1-36.

Please add new claims 37-64.

- -- Claims 37. A prepackaged dispensing container which comprises:
- (a) a first non-stimulating dosage unit which is devoid of stimulating agents, which includes an antihistamine;
 - (b) a second non-sedating dosage unit, which includes a nasal decongestant;
 - (c) indicia for distinguishing between said first and second dosage units; and
- (d) administration instructions which teach the use of said dosage units as a rhinitis regimen, such that said first non-stimulating dosage unit is instructed for use when the lack of stimulating effect is desired and said second non-sedating dosage unit is instructed for use for when the lack of sedating effect is desired.
- Claim 38. The preparkaged dispensing container of Claim 37 wherein said antihistamine is non-sedating.
- Claim 39. The prepackaged dispensing container of Claim 37 wherein said antihistamine is sedating.
- Claim 40. The prepackaged dispensing container of Claim 37 wherein said antihistamine is chlorpheniramine
- Claim 41. The prepackaged dispensing container of Claim 37 wherein said decongestant is pseudoephegrine.
- Claim 42. The prepackaged dispensing container of Claim 37 wherein said decongestant is phenylpropanolamine. 39-49

- Claim 43. The prepackaged dispensing container of Claim 37 wherein said dosage units are oral medications.
- Claim 44. The prepackaged dispensing container of Claim 37 wherein said container is a blister pack.
- Claim 45. The prepackaged dispensing container of Claim 37 wherein said container incorporates bottles containing liquid medications.
- Claim 46. The prepackaged dispensing container of Claim 37 wherein said container incorporates bottles containing solid medications.
- Claim 47. The prepackaged dispensing container of Claim 37 wherein said container incorporates multiple doses of said first and second dosage units.
- Claim 48. The prepackaged dispensing container of Claim 37 wherein said indicia is incorporated with said first and second dosage units at the time of manufacture.
- Claim 49. The prepackaged dispensing container of Claim 37 wherein said instructions are incorporated with said container at the time of manufacture.
- Claim 50. A method for the symptomatic treatment of rhinitis comprising the steps of providing to a user:
- (a) a first non/stimulating dosage unit which is devoid of stimulating agents and includes an antihistamine;
 - (b) a second non-sedating dosage unit which includes a nasal decongestant;
 - (c) indicia for distinguishing between said first and second dosage units;

- (d) instructions for using said dosage units as a regimen, such that said first non-stimulating dosage unit is instructed for use when stimulation is not desired and said second non-sedating dosage unit is instructed for use when sedation is not desired; and
 - (e) a dispensing container with said dosage units, indicia, and instructions for a user.
- Claim 51. The method for symptomatic treatment of rhinitis of claim 50 wherein said antihistamine is non-sedating.
- Claim 52. The method for symptomatic treatment of rhinitis of claim 50 wherein said antihistamine is sedating.
- Claim 53. The method for symptomatic treatment of rhinitis of claim 50 wherein said antihistamine is chlorpheniramine.
- Claim 54. The method for symptomatic treatment of rhinitis of claim 50 wherein said decongestant is pseudoephedring.
- Claim 55. The method for symptomatic treatment of rhinitis of claim 50 wherein said decongestant is phenylpropanolamine.
- Claim 56. The method for symptomatic treatment of rhinitis of claim 50 wherein said dosage units are oral medications.
- Claim 57. The method for symptomatic treatment of rhinitis of claim 50 wherein said container is a blister pack.
- Claim 58. The method for symptomatic treatment of rhinitis of claim 50 wherein said container incorporates bottles containing liquid medications.
- Claim 59. The method for symptomatic treatment of rhinitis of claim 50 wherein said container incorporates bottles containing solid medications.